



Sex and Relationships Policy

The staff responsible for the Sex and Relationship Policy are:-

Mrs S. Bradford

Miss D. Stannard

The governing body responsible for the Sex and Relationship Policy are:-

Chair of Governors

Chair of Curriculum

Agreed by staff: March 2019

Agreed by governors: March 2019

Review Date: **May 2020**

Aim

The aim of our Sex and Relationship policy is to help and support young people through their physical, emotional and moral development. It aims to help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

Content

Linked to the current PSHE and Citizenship policy and in line with DfES guidance, there are three main elements:

- attitudes and values
- personal and social skills
- knowledge and understanding

These are tailored to the age and physical and emotional maturity of the children.

Sex and Relationships education will ensure that all children:

- develop confidence in talking, listening and thinking about feelings and relationships
- are able to name parts of the body and describe how their bodies work
- can protect themselves and ask for help and support
- are prepared for puberty.

While Sex and Relationships Education is part of the curriculum throughout the school, it is essential that older children are given the knowledge to support their on-going emotional and physical development effectively. In particular, the pupils in the transition year before moving to secondary school will be taught about:

- changes in the body related to puberty
- when such changes are likely to happen, issues that may cause anxiety and how to deal with them
- how a baby is conceived and born.

This teaching usually takes place in the summer term for Year 6. Some of these areas are also part of the Science curriculum.

Parents

To ensure parents are consulted, a meeting is held with Year 6 teachers, the Chair of Governors and parents of Year 6 children before teaching takes place. Parents have the opportunity to receive information about how the Sex and Relationships Education is taught, what is and is not taught, what resources are used and to voice any concerns or questions. Parents have the right to withdraw their child from all or part of Sex and Relationship Education.

Resources

Various resources are used in sex and relationship education; in particular a DVD series of 5 programmes entitled 'Living and Growing'.

Sensitive Issues

There are opportunities in class for discussion and for questions to be asked, confidentially if appropriate, with reference to parents if required. Some sensitive issues may be raised, which the class teacher deems inappropriate in a class discussion. In these circumstances, children might be offered the opportunity to discuss this after the lesson with two members of staff present, or the matter may be referred to the child's parents if this is considered to be more appropriate.

Governing Body Responsibilities

The governing body will review this policy annually via the Effectiveness Committee.

Written: April 2019